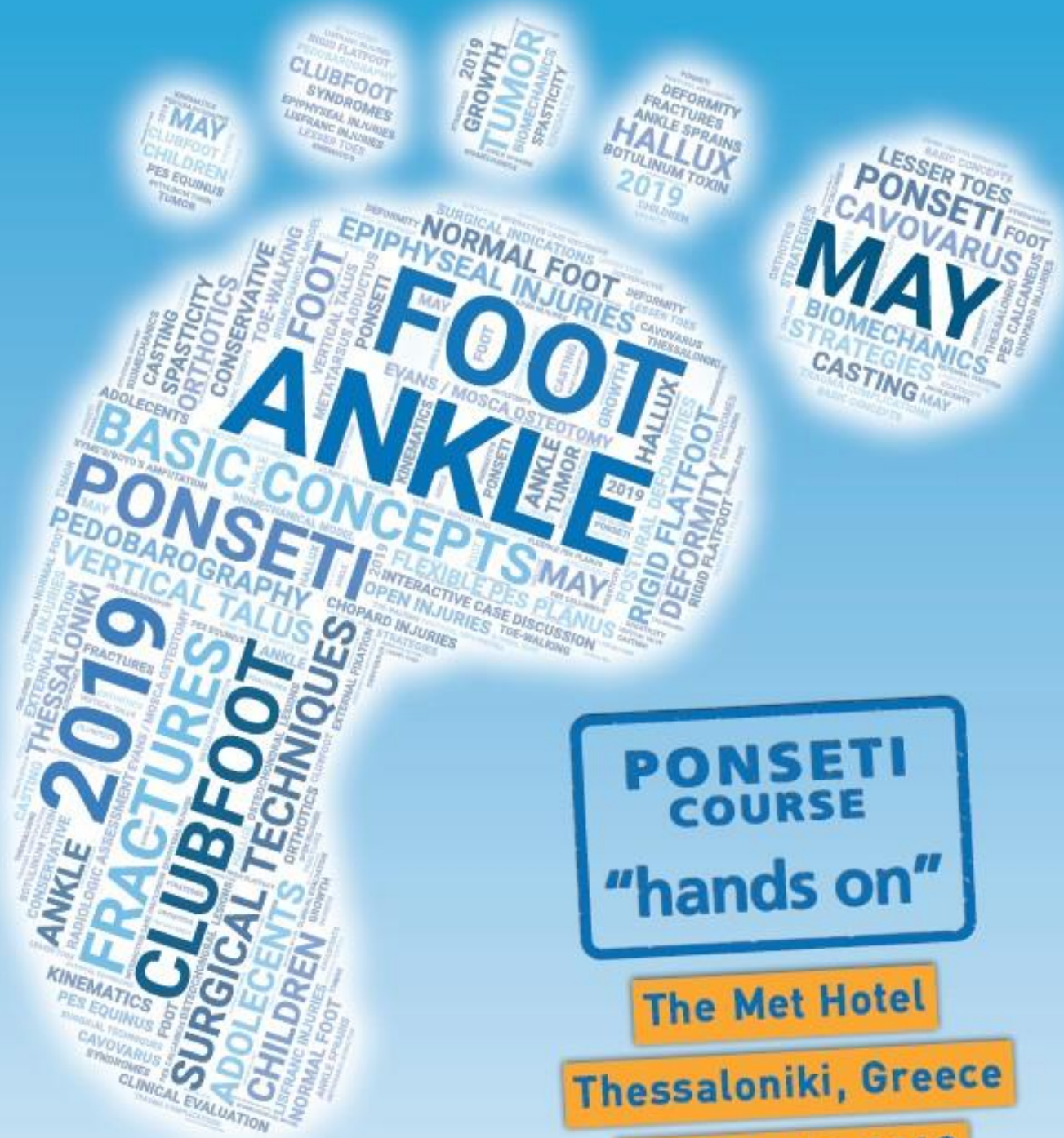




EPOS Course

PAEDIATRIC FOOT AND ANKLE DISORDERS



**PONSETI
COURSE**
"hands on"

The Met Hotel
Thessaloniki, Greece

May 10-12, 2019

A Joint Collaboration with



Organised by



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Welcome Message

Thessaloniki, Greece

Dear Colleagues,

Dear Friends,

Children and adolescents can suffer from a variety of congenital or acquired foot and ankle disorders leading to pain and/or deformity. The understanding of their pathophysiology and natural history is of paramount importance for proper diagnosis and subsequent treatment.

Although management of paediatric foot and ankle disorders is well established, controversies still exist. Moreover, some treatment methods are technically demanding and require special education.

The **European Paediatric Orthopaedic Society (EPOS)** organizes the **EPOS Paediatric Foot and Ankle Disorders Course** in order to cover this very interesting area of pediatric orthopedic surgery.

The course is aimed at Orthopaedic and Paediatric Orthopaedic Surgeons, Residents and Fellows who want to improve or refresh their knowledge in paediatric ankle and foot disorders.

Teaching faculties are composed of internationally recognized experts in children's orthopedics, with special interest in foot and ankle disorders, from all over Europe.

The course includes theoretical lectures, debates, techniques, and case discussions concerning development/growth, anatomy, biomechanics, treatment and complications of congenital or acquired paediatric foot and ankle disorders.

Last but not least, the course includes a '**Clubfoot casting post-course workshop**' to review and to apply the principles of the **Ponseti's casting technique**.

We warmly invite Orthopaedic and Paediatric – Orthopaedic Surgeons, Residents and Fellows to **Thessaloniki, Greece**, on **10 – 12 May 2019** at **The Met Hotel**. We will do our utmost to meet and exceed your expectations!

Dimitrios Metaxiotis, Greece, Local Host

Federico Canavese, France, EPOS Educational Committee Chair

Jaroslaw Czubak, Poland, EPOS President, 2018-2019

COMMITTEES

ORGANIZING COMMITTEE

Metaxiotis Dimitrios (Local Host)

Canavese Federico

Sarisözen Bartu

SCIENTIFIC COMMITTEE

Metaxiotis Dimitrios (Local Host)

Canavese Federico

Czubak Jaroslaw

Scientific Program / FRIDAY MAY 10, 2019

The Met Hotel

- 7:00 - 8:00 Registrations
8:00 - 8:10 Introduction-Welcome Message
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Session 1 Basic concepts/biomechanics

- 08:10 – 08:20 Normal Foot Growth
A. Dimeglio, France
- 08:20 – 08:35 Clinical evaluation and radiologic assessment
B. Möller-Madsen, Denmark
- 08:35 – 08:50 Foot/ankle kinematics: basic principles
D. Metaxiotis, Greece
- 08:50 – 09:00 Pedobarography
D. Metaxiotis, Greece
- 09:00 – 09:15 **Discussion**
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Session 2 Deformity (Part 1)

- 09:15 – 09:30 Postural foot deformities
B. Möller-Madsen, Denmark
- 09:30 – 09:45 Flexible pes planus
A. Andreacchio, Italy
- 09:45 – 10:00 Rigid flatfoot
F. Canavese, France
- 10:00 – 10:15 Surgical technique: Evans/Mosca osteotomy
B. Möller-Madsen, Denmark
- 10:15 – 10:30 Vertical Talus
B. Sarisözen, Turkey
- 10:30 – 10:50 **Discussion**
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- 10:50 – 11:10 Coffee Break
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- 11:10 – 11:30** Cavo-varus foot clinical and radiological evaluation
F. Canavese, France
- 11:30 – 11:50** Cavovarus foot: surgical indications and surgical strategies
B. Möller-Madsen, Denmark
- 11:50 – 12:05** **Discussion**
- 12:05 – 12:40** Interactive Case Discussion
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12:40 – 13:40 Lunch Break

Session 3 Clubfoot

- 13:40 – 14:00** Congenital Clubfoot: Aetiology, pathologic anatomy, classifications
A. Dimeglio, France
- 14:00 – 14:20** Congenital Clubfoot Non operative treatment: Ponseti method
J. Czubak, Poland
- 14:20 – 14:40** Long-term outcome of Ponseti method: what is the evidence from the literature?
F. Canavese, France
- 14:40 – 14:55** **Discussion**
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14:55 – 15:10 Coffee Break

- 15:10 – 15:20** Relapsed and neglected clubfoot: from casting to bony surgery
A. Dimeglio, France
- 15:20 – 15:40** A typical clubfoot Secondary clubfoot
D. Metaxiotis, Greece
- 15:40 – 15:55** **Discussion**
- 15:55 – 16:40** Interactive Case Discussion
- 16:40 – 16:45** Closing Remarks

Scientific Program / SATURDAY MAY 11, 2019

The Met Hotel

- 7:00 - 8:00 Registrations
8:00 - 8:10 Introduction-Welcome Message
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Session 4 Trauma

- 08:10 – 08:30 Epiphyseal injuries of the ankle
I. Melas, Greece
- 08:30 – 08:45 Fractures of the ankle in older children and open injuries
C. Konstantoulakis, Greece
- 08:45 – 09:00 Lisfranc and Chopard injuries
A. Andreacchio, Italy
- 09:00 – 09:15 Foot fractures
I. Melas, Greece
- 09:15 – 09:30 Management of trauma complications
A. Andreacchio, Italy
- 09:30 – 09:45 Osteochondral lesions
D. Metaxiotis, Greece
- 09:45 – 10:00 **Discussion**
- 10:00 – 09:25 Interactive case discussion
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- 10:25 – 10:45 Coffee Break
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Session 5 Deformity (Part 2)

- 10:45 – 11:00 Metatarsus adductus
B. Sarisözen, Turkey
- 11:00 – 11:15 Hallux disorders
A. Andreacchio, Italy
- 11:15 – 11:30 Lesser toes disorders
B. Möller-Madsen, Denmark
- 11:30 – 11:50 External Fixation for foot and ankle deformities
C. Konstantoulakis, Greece

11:50 – 12:10 Syme's/Boyd's amputation for severe foot deformities
F. Canavese, France

12:10 – 12:25 **Discussion**

12:25 – 12:45 Interactive case discussion

12:45 – 13:45 Lunch Break

Session 6 Idiopathic Toe-walker and Spasticity

13:45 – 14:00 Idiopathic pes equinus and idiopathic toe-walkers
D. Metaxiotis, Greece

14:00 – 14:15 Foot deformities secondary to spasticity (equinus, pes planus, clubfoot): diagnosis and clinical implications
D. Metaxiotis, Greece

14:15 – 14:30 Non surgical management of foot deformity secondary to spasticity (Botulin toxin)
C. Konstantoulakis, Greece

14:30 – 14:45 Foot deformity secondary to spasticity: when surgery is indicated?
A. Andreacchio, Italy

14:45 – 15:00 **Discussion**

Session 7 Syndromes and orthotics

15:00 – 15:15 Pes calcaneus
B. Sarisözen, Turkey

15:15 – 15:35 Foot and ankle abnormalities in syndromic patients
A. Dimeglio, France

15:35 – 15:55 What orthosis for what deformity? Objectives of orthotic of management
B. Möller-Madsen, Denmark

15:55 – 16:10 **Discussion**

16:10 – 16:40 Interactive Case Discussion

16:40 – 16:45 Closing Remarks

Scientific Program / SUNDAY MAY 12, 2019

The Met Hotel

- 7:00 - 8:00** Registrations
8:00 - 8:10 Introduction-Welcome Message
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Session 8 Ponseti Course

- 08:10 – 08:20** Background and Aims
08:20 – 08:35 Clubfoot Pathological anatomy, kinematics
08:35 – 08:50 Clinical Examination
08:50 – 09:05 Casting Technique
09:05 – 09:20 Follow-up and Recurrence
09:20 – 09:35 Secondary Interventions
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- 09:35 – 09:50** Coffee Break
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- 09:50 – 11:50** “Hands On” – Casting Course
B. Sarisözen, Turkey
- 11:50 – 12:00** Course Summary & Feedback
B. Sarisözen, Turkey

REGISTRATION

	LATE REGISTRATION from MARCH 11, 2019	
	COURSE	COURSE & PONSETI
Residents**	115	155
Participants	145	195
EPOS members**	120	160

** Proof of status is mandatory

Registration cost includes:

- Attendance to all scientific sessions of the Course
- Visiting the Exhibition Area
- Printed Course Material
- Certificate of Attendance
- Participation in Coffee Breaks and Light Lunches
- Participation in the Party

GENERAL INFORMATION

Dates of the Course

10-12 May 2019

Venue of the Course

The Met Hotel
48, 26th Octovriou Street, 546 27, Thessaloniki
T: 2310017000, F: 2310017100
www.themethotel.gr

Language of the Course

The official language of the Course is English.

Course Website

eposcourse.gr

Course Secretariat



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